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| **Reporting Committee: Physical and Mental Health Holiday Blues** |

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|  |  |  |  **December 08, 2018 Time: 12 -2.30pm** |
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| **Committee Chair** | **Dana McKenzie-Simmons** |  |
| **Committee Members Present: Tonyale Woods-Clark, Lisa Ingram**  |

**Please limit your report presentation to no more than 3 minutes**

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| **Report details:**  Meetings: 11-03-2018@ 1.30-2.30 , 11-14-2018@ 6.00-7.00pm and 11-29-18@6.00-7.00**Mental Health Town Hall –“Holiday Blues” Final Report** **Community Partners**: **Mt. Olive Institutional MBC/ Olive Branch Ministry 1114 N. Sixth Street**  **“Holiday Blues” SUCCESS*** **Date: December 08, 2018**
* **Time: 12 -2.30pm**
* **Speaker: Dr. Michael Ingram M.D., FAPA,**

**Director of Behavioral Health, McLaren Bay Medical Center.** **Discussion Topics: Situational and Seasonal Depression, Grief/Loss and Suicide**. **Questions and Answer Session**. **Outcome: Well attended****Recommendations and next steps :** * Event Evaluation - Email - Survey Monkey
* Plan for 2019 Holiday Blues
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**Is a formal motion needed? Yes NO**

**Formal Motion to the Chapter** (state the motion below, only when presenting a formal motion for the Chapter consideration at the upcoming Chapter Meeting)

Prepared By: Dana McKenzie-Simmons Date: 12.31.18